



Men's Technical Committee

Technical Regulations

2022-2023

January 2023

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Acronyms

FIG	Federation Internationale de Gymnastique
MGA	Manitoba Gymnastics Association
NCCP	National Coaching Certification Program
MTC	Men’s Technical Committee

Section I – Goal of the Men’s Technical Committee

Mission Statement

“It is the mandate of the Manitoba Gymnastics Association, as the sport governing body, to develop, promote and guide gymnastics as a lifetime activity in Manitoba. The MGA shall provide leadership, systems, and programs so that all participants may safely achieve their potential level of interest and ability.”

Men’s Program Goal

The Men’s Program Goal is to develop and direct competitive athletes and the necessary support personal so that all may reach their maximum potential.”

Section II – Composition and Duties of the Men’s Technical Committee (MTC)

Article 1 – Composition of the MTC

- 1.1. The Men’s Technical Committee will consist of the following:
 - 1.1.1. Chairperson
 - 1.1.2. Vice-Chairperson
 - 1.1.3. Judging Chairperson
 - 1.1.4. Coaching Chairperson
 - 1.1.5. Athlete Representative
 - 1.1.6. A Coach from each competitive men’s club to represent their club
- 1.2. The Executive Director and President of the MGA are ex-officio, non-voting members
- 1.3. To be a member of the MTC an individual must be a member in good standing of the Manitoba Gymnastics Association (MGA).
- 1.4. The Chairperson is elected for a two (2) year term at the MGA Annual General Meeting.
- 1.5. All other positions on the MTC, apart from the Club Representative, are elected for a two (2) year term by the MTC. The election of these positions will be done at the first MTC meeting of the season, four weeks’ notice will be given to potential candidates of the available positions.
- 1.6. To hold an elected position on the MTC, an individual must be an *active* participant of the MTC. The definition of *active* will be determined by the MTC on an individual basis.

Article 2 – Duties of the MTC

- 2.1. To promote and implement the necessary programs to achieve the stated goal.
- 2.2. Be directly responsible to, accountable to, and report to the Board of Directors of the MGA for:
 - 1.2.1. All technical policies
 - 1.2.2. All short and long-term plans and objectives
 - 1.2.3. All technical budgets

Article 3 – Duties of the MTC members

- 3.1. Technical Chairperson
 - 3.1.1. To call and chair all meetings of the Technical Committee and to ensure, that proper minutes of such meetings are kept.
 - 3.1.2. To represent the Technical Committee at Board of Director Meetings of the MGA.

3.1.3. To provide leadership and coordination to the Technical Committee and further the objectives of the Committee and the MGA.

3.2. Vice-Technical Chairperson

3.2.1. In the absence of the Chairperson, to perform the duties of the Technical Chairperson.

3.2.2. Should the office of the Technical Chairperson become vacant, to act as Chairperson until the Executive may appoint a successor.

3.2.3. To carry out such other duties as the Committee may assign.

3.3. Judging Chairperson

3.3.1. To be responsible for the improvement of judges and officials in the province through such methods as the Committee may determine.

3.3.2. To maintain an up-to-date list of all registered judges.

3.3.3. To provide adequate and sufficiently trained judges for all MGA competitions.

3.3.4. To carry out such other duties as the Committee may assign.

3.4. Coaching Chairperson

3.4.1. To be responsible for the improvement of coaching skills in the province through:

- The coaching development program which is run in conjunction with the pre-elite program or the gymnast development program.
- The courses offered in the NCCP.
- Other clinics/courses available.

3.4.2. To organize/conduct meetings of the Coaches subcommittee.

3.4.3. To carry out such other duties as the Committee may assign.

3.5. Provincial Team Representative (athlete)

3.5.1. To represent the Provincial Team and bring recommendations to the MTC from this constituency. Must be a minimum age of 16 years in the year holding the position.

Article 4 – Voting

4.1. A quorum for meetings of the MTC will be a minimum of 2 elected chairpersons plus 2 clubs and/or additional elected chairpersons.

4.2. A simple majority vote is required to pass any motion.

4.3. The Chairperson of the Technical Committee shall have the right to on all questions, but in the event of a tie, the motion shall be declared lost.

Article 5 – Changes to the MTC Technical Regulations

- 5.1. All changes to the Men’s Technical Regulations and Appendices must be put in form of a motion and distributed to all voting members 10 days prior to the meeting at which time the vote will be called. The motion must have a seconder before being open for discussion.

Article 6 – Meetings of the MTC

- 6.1. The Committee shall meet on a regular basis to be determined by the committee at the beginning of each gymnastic year, and at such other times throughout the year as are deemed necessary by the committee.
- 6.2. For purposes of these regulations, the gymnastics year, shall be from the day following the Annual General Meeting and end the day of the next Annual General Meeting.
- 6.3. The Executive Director will record the minutes of each meeting. Including all motions passed, matters discussed and tabled, and schedules prepared. All supporting documentation shall be retained and filed with the respective minutes.
- 6.4. The formalized minutes shall be distributed to all members of the MTC.
- 6.5. The members of the MTC are responsible for ensuring that their current mailing and email address are known to the Chairperson and shall advise in writing of any changes in address.
- 6.6. Observers are welcome to attend meetings but shall not have the right to speak without permission from the Chair. They will not have the right to vote.

Section III – Competitions

Article 1 – Competitive Streams – In Province

- 1.1. The competitive structure will consist of the following:

Stream	Levels
Regional Stream Competitive*	MAG – Beginner & Advanced
Provincial Stream Competitive	MAG – Aspire, Provincial 1-5
National Stream Competitive	MAG – Open, JR, Next Gen SR, SR

**Regional Stream Competitive programs will be discontinued following the 2022-2023 competitive season.*

Article 2 – Competitive Categories

- 2.1. The Competitive categories are as follows.

Category	Birth Year
Provincial 1 to Senior	View GymCan Technical Manuals
Regional Advanced	2014 or Earlier
Regional Beginner	2015 or Earlier

Article 3 – Competitive Format

- 3.1 Individual Event Competitors are permitted at all competitions (i.e. a gymnast can compete in any number of events from 1 to 6). These competitors are still eligible for event awards.
- 3.2 For Regional Stream Beginner to Provincial 2 gymnasts will have a 20-minute general warm up and then capital cup warm up on each event. For Provincial 3+ the Gymcan Pathways Document will be followed for warm up.

Article 4 – Competitions

- 4.1. The MTC shall ensure that a minimum of the following 2 major competitions each gymnastics year will be held for National Stream, to be sanctioned by the MGA:
- 4.1.1 Season Opener
 - 4.1.2 Provincial Championships

Article 5 – Eligibility for Competitions

- 5.1. To be eligible for any MGA sanctioned competition, a competitor must:

- 5.1.1. Pay all entry fees by the deadline date set by the host organization.
- 5.1.2. Must be in good standing with the MGA.
- 5.2. A gymnast can move to a higher level any time during the year. Once a move has been affected, the gymnast may not return to the lower level for the remainder of that year. (Exception: Canada Winter Games)

Article 6 – Competition Fees

- 6.1. Entry fees for Manitoba Opens and Provincial Championships will be \$125.00 for Provincial Stream and \$85.00 for Regional Stream.
- 6.2. For invitational competitions, the fee shall be determined by the hosting organization.
- 6.3. Meet sanction fees will apply as per [MGA Sanction Policy](#).

Article 7 – Awards

- 7.1 The minimum awards for all classifications shall be as follows:
 - 7.1.1 3 or less competitors – 1st to 3rd All-Around, 1st to 3rd for events.
 - 7.1.2 4-6 competitors – 1st to 6th All-Around, 1st to 3rd for events.
 - 7.1.3 7 competitors or more – 1st to 6th All-Around and events.
- 7.2 Regional Beginners are rated (Gold/Silver/Bronze) for all events for all-around.
 - Gold 90%+ 9.0/10.0
 - Silver 80%+ 8.0/10.0
 - Bronze 79% and Under 7.9/10.0
- 7.3 The gymnast with the highest score in each level will receive a plaque, at the MGA Awards Event, in recognition of his accomplishment.
- 7.4 The Keith Carter Award will be awarded to the most outstanding male gymnast based upon competition results during the year. To be considered will be total AA score, event placing, the significance of the competition and leadership qualities. The gymnast(s) will be nominated by members of the MTC and the final decision will be decided by the MTC. The presentation will be made at the MGA Awards Event.
- 7.5 All perpetual awards will be housed at the gymnast’s respective club.
- 7.6 All awards are not necessarily awarded each year.

Article 8 – Representing the Province

- 8.1. If a gymnast is unable to complete in a pre-selected competition approved by the MTC, due to injury or extenuated circumstances his coach may submit a petition to the MTC for consideration (see Appendix A for petition process).

Article 9 – Qualification for Western Canadian Championships and Canadian Championships

- 9.1 To qualify, gymnasts must complete at Manitoba Opens Championships, achieve the minimum score as indicated in 9.2 and rank to qualify for a team in their age group/category or in a higher are group or category.
- 9.2 Gymnasts must be approved by the MTC. The minimum score must be achieved to be named to the team below:

60.00 AA for 6 events
50.00 for 5 events
40.00 for 4 events

Article 10 – Qualification for Canada Winter Games

- 10.1 For Team Composition and Eligibility Requirements please refer to the CWG Technical Regulations.
- 10.2 The Selection Process is as follows:
 - 10.2.1 There will be a selection meet. The gymnasts' score for qualification will be determined by his AA. The top 6 finishers will be named to the team, with the 7th place finisher named to the alternate position.
 - 10.2.2 Petitions will be considered for medical reasons only due to injury, health, or extenuating circumstances. Petitions for gymnasts must be submitted by the gymnasts coach, in writing to the MTC, prior to the qualifying competition, stating the reason for the petition, justification and a doctor's certificate (if applicable). The doctor's certificate should include prognosis diagnosis and estimated time for recovery.
 - 10.2.2.1 Petitions will only be accepted after the qualifying competition if the gymnast is injured during the qualifying competition.
 - 10.2.2.2 Results from previous national sanctioned competitions in Canada, Canadian Championships, will be considered when reviewing the petitions. A majority vote of the MTC will determine if a petition will be accepted. In the case the petition has been granted the gymnast will

need to be judges by a minimum of 3 national level judges no less than one week prior to departure and achieve a higher score than the #6 gymnast in order to take the #6 spot.

- 10.2.2.3 The 6th place athlete will have the option to also be verified with the same panel as the petitioning gymnast. However, he may wish to keep his original score.
- 10.2.2.4 If the gymnast does not achieve a higher score than the #6 gymnast but does achieve a higher score than the #7 gymnast, then he will become the alternate.
- 10.2.2.5 In the event of a tie for 6th place, or alternate position, if both gymnasts are age eligible the tie will be broken using their highest event score. If there is still a tie the next highest event(s) will be used until the tie is broken.

Article 12 – Coach Selection Criteria

12.1 A coach must meet the certification requirements set by Gymcan to attend Canadian Championships and Canada Winter Games. A coach must be Competition 1 MAG certified to attend Westerns.

12.2 A coach must be approved by MTC.

12.3 Coaches are awarded points for the gymnasts ranking on team. Highest total earns position of coach.

Example:	Gymnasts Points:	1 st	7 points
		2 nd	6 points
		3 rd	5 points
		4 th	4 points
		5 th	3 points
		6 th	2 points
		Alternate	1 point

12.4 Procedure.

12.4.1 The selection for coach is made by totaling the gymnasts' points. The coach with the highest total will be selected.

12.4.2 In case of a tie, the coach with the highest-ranking gymnast is selected.

Example:	#1 Gymnast	1 st = 6 pts	#2 Gymnast	2 nd = 5 pts
		4 th = <u>3 pts</u>		3 rd = <u>4 pts</u>
		Total		9 pts

Coach of #1 Gymnast is selected

- 12.4.3 Each full team (number of counting scores defines a team) representing Manitoba will have 2 coaches. Each club with gymnasts on the team shall be represented by a coach to maximum of 2 coaches per team.

Article 13 – Out of Town Teams

- 13.1 The MTC will attempt to acquire funds from MGA to subsidize fees of all gymnasts. The MTC will attempt to acquire funds from the MGA to fund coaches, judges and managers attending out of province and national competitions. The MGA and/or under the recommendation of the MTC has the authority to not fund any person who has been officially warned for unacceptable personal conduct on past trips.

Section IV – Gymnast Program Criteria

Article 1 – Membership – Provincial Team

- 1.1 To become a regular member of the Provincial Team, a gymnast must meet the following criteria:
 - 1.1.1 Provincial Team membership is determined on a yearly basis, starting the day following Manitoba Open Championships and ending the subsequent year, on the day of the next Manitoba Open Championships. If a gymnast satisfies all the requirements as stated for the Western Canadian Team and/or the Provincial Team.
 - 1.1.2 Provincial Team members who receive funding to attend Canada Winter Games, Western Canadian Championships, Canada Championships or any other event are not permitted to compete for another Provincial Team in that same competitive season.

Section V – Judging

Article 1 – Judging Assignments

- 1.1 Assignments for judging at any MGA sanctioned competition shall be the responsibility of the Men’s Judging Chairperson. Selection to judge will be based upon:
 - 1.1.1 The number of clinics the judge has attended.
 - 1.1.2 The judge’s provincial rating.
 - 1.1.3 The judge’s past performance.

Article 2 – Judging Clinics and Exams

- 2.1 The Men’s Technical Committee shall hold at least one compulsory and optional judge clinic per gymnastics year. Since there are numerous changes from year to year, it is the responsibility of each judge to attend, or to obtain the materials and information presented at the clinic.
- 2.2 The MTC may also require judges to write and pass a judging exam. The purpose of the exam is to determine which age categories a judge is qualified to judge.

Article 3 – Judging Honorarium

- 3.1 Judges will be given the following honorarium per session from the Host Club:

Regional Judges (1-2 years)	-	\$15/hour (minimum 3 hours)
Provincial Judges (3+ years)	-	\$20/hour (minimum 3 hours)
National Judges	-	\$30/hour (minimum 3 hours)
Chief Judge	-	Additional \$15 on top of their honorarium

The Host Club will also pay out of town judges per diem, mileage and accommodations as per MGA regulations.

Appendix A – The Petition Process

General Information:

1. The petition must be in writing and must include the information listed under Petition Protocol.
2. It is the responsibility of the coach of the athlete to ensure that all required documentation is available at the submission of the petition.
3. The petition will only be accepted from the coach of the athlete.
4. All petitions will be dealt with individually.
5. A gymnast may not be petitioned for a second consecutive year as a result of not having attained the minimum required score.

Petition Protocol:

1. Medical Petition
 - a. All petitions must be presented to the Men’s Technical Committee for consideration.
 - b. The coach must provide in writing the routine content and start value of the individual being petitioned. All routine information must be with regards to a routine that the athlete has competed.
 - c. The coach must provide documentation illustrating prior and most recent competitive results of competitions that the athlete has attended. These results must, be from competitions that are of the same level that the athlete is petitioning for.
 - d. Medical documentation must include the nature of the injury/illness and the expected recovery time to return to regular training.
2. Petition for Not Attaining the Minimum Score
 - a. All petitions must be presented to the Men’s Technical Committee for consideration.
 - b. The coach must provide in writing the routine content and start value of the individual being petitioned. All routine information must be with regards to a routine that the athlete has competed.
 - c. The coach must provide documentation illustrating prior and most recent competitive results of competitions that the athlete has attended. These results must be from competitions that are of the same level and the athlete petitioning for.

Petitions will be considered in the following order:

1. Athletes that are insured but have demonstrated the ability to achieve the required score on several occasions. This ability must be supported by documentation provided to the MTC by the athlete's coach.
2. Athletes that have not achieved the minimum score but have demonstrated the ability to achieve the required score on several other occasions. This ability must be supported by documentation provided to the MTC by the athlete's coach.
3. An athlete who can contribute to the team on 3, 2 or 1 event. The event contribution must be supported by documentation provided to the MTC by the athlete's coach.
4. An athlete who has the ability to metal on at least one event. The ability must be supported by documentation provided to the MTC by the athlete's coach.