



If an MGA Member club chooses to host training for their participants in an outdoor environment, the following guidelines are as follows:

General

Ensure that the outdoor training environment is appropriate for participants to safely train:

- There should be no traffic in or near the workspace (either pedestrian or vehicle traffic).
- The training surface should be on firm, level ground so equipment and workspaces are stable.
- Considerations for inclement weather should be accounted for, and a contingency plan should be created to be rescheduled due to weather if indoor training is not permitted.
- An emergency action plan should be created for each specific outdoor training environment to ensure that the appropriate protocols and communication plans are in place should an incident occur.
- Ensure current [MGA Return to Sport Protocol](#) and [Public Health Orders](#) are followed.

Equipment Guidelines

- Plan training in advance to ensure only the necessary equipment is set up.
- Utilize training aids such as blocks and cheeses in your programs.
- No equipment or structures are permitted such as bars, beams, vault, trampolines.
- Ensure that the appropriate matting/padding is set up for all activities.

Training Guidelines

- Ensure that the appropriate matting is used for the space.
- Utilize drills and simulations to maximize learning opportunities with limited equipment.
- Recognize the training environment and that participants may not be doing skills at their maximum capacity.

Please note that it is ultimately the club's responsibility to ensure that all training activities are safe and appropriate to the ability level/training environment of the participant. An outdoor training environment can be defined as a training space that is not situated within a building or permanent structure and is open, allowing the natural flow of air through the training space.

These guidelines must be followed to qualify as a sanctioned activity under the MGA Insurance coverage. Should you choose to operate outside of these guidelines you will need to seek additional insurance coverage.