

Self-assessment

This self-assessment will allow you to reflect on your current coaching practices. The items listed in the self-assessment are the types of evidence that an Evaluator will look for during assignments and observations. They'll help determine if you have the required abilities and competencies. The self-assessment form will help you identify areas of strength and areas for improvement.

For each statement presented below, **put an 'X' in the column that best represents whether you achieve the statement (never, sometimes, often, always).**

Date: _____

| I am able to... | Never | Sometimes | Often | Always |
|---|-------|-----------|-------|--------|
| Explain the importance of logistics in the development of a practice plan | | | | |
| Establish an appropriate structure for my practices | | | | |
| Identify appropriate activities for each part of the practice | | | | |