

## TRAMPOLINE GYMNASTICS

### NCCP LEVEL 3: PRACTICAL FORM

**Information:**

<b>Name:</b>		<b>NCCP Number:</b>	
<b>Email Address:</b>		<b>Phone Number:</b>	

**Mandatory Requirements:**

Task	Necessary Information
<b>General Requirements</b>	
300 Coaching Hours in Level 3	Date Completed: _____  Club Name: _____  Supervising Coach: _____  Contact Email: _____
First Aid and CPR Certificate	Copy of Valid Certificate: <input type="checkbox"/>
<b>Athlete Achievements</b>	
Coached athlete to mobilize in National Level 5 or higher (minimum one year at current club)  **Artistic Gymnastics Coaches qualified to attain L3 Practical for trampoline should contact GCG for this requirement (sfisher@gymcan.org)	Name of Athlete: _____  Competition Name: _____  Competition Location: _____  Competition Date: _____  Summary of Involvement with Athlete: _____
<b>Coach Competency</b>	
Video and Written Report of One Element of Level 3 a) Teaching Process <ul style="list-style-type: none"> <li>- Technical corrections / informational cues provided</li> <li>- Chosen progressions and rationale</li> </ul> b) Challenges <ul style="list-style-type: none"> <li>- Road blocks and possible conflicts ex. Fear or technical competency</li> </ul> c) Athlete readiness <ul style="list-style-type: none"> <li>- How did you know the athlete was ready to perform the skill?</li> <li>- Margin for error</li> </ul> d) Successes and Future Changes <ul style="list-style-type: none"> <li>- What are you proud of now that the process is complete?</li> <li>- What would change / do differently?</li> </ul>	Copy of Report: <input type="checkbox"/>

**Additional Requirements (1 of the below 2 must be met):**

Task	Necessary Information
<b>Continual Coach Development</b>	
Submission of Sample Annual Training Plan	Copy of Plan: <input type="checkbox"/>
<b>Complementary Competencies</b>	
Provincial level judging brevet or audit of course	Course Date: _____ Course Location: _____ Course Conductor: _____

I hereby certify that I have completed my necessary requirements and would like my name entered in the Coaching Association of Canada database as having completed my Level 3 Practical.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date