



MANITOBA GYMNASTICS ASSOCIATION

**2018-2019
Year in Review**

**MESSAGE FROM
LAWRENCE OYSTRYK
MGA PRESIDENT**

The MGA's top priorities continue to be our gymnasts, coaches, judges, and clubs. Our administration, comprised of Karly Miller (Executive Director) and Regan Bint (Administrative Assistant), has worked hard to meet all the new challenges that arose this year and to ensure that all services and supports were provided to our membership.

I continue to pursue my visitations to the province's rural and urban clubs. I enjoy engaging in conversations with parents, club administrators, coaches, spectators, and, of course, our gymnasts! I am always grateful for any feedback, whether positive comments or constructive criticism, that can make a difference in the development of our programs.

In total, this fiscal year, our province held 16 MGA sanctioned meets. To put that into perspective, during the competitive season, there was a meet every weekend for 4 straight months.

I am pleased to report on this year's successes. At Artistic Elite Canada, held in Gatineau, our gymnasts brought home 2 medals. At Western Canadian Gymnastics Championships, in Saskatoon, they captured a total of 18 individual medals, and at the Canadian Championships, in Ottawa, they won 3 individual medals. At the Trampoline & Tumbling Canadian Championships held in Lethbridge, our team earned 4 medals, and at the T & T Elite Canada, in Calgary, 5 medals.

I wish to recognize our Trampoline & Tumbling program, in particular, as it has made significant strides in its short period of existence. Their athletes' standings at Canadian competitions demonstrate their gymnastic abilities and their determination for continued success.

I salute our athletes who remain our focal point. Congratulations to all those who won medals and to those who participated and achieved their personal best. I also congratulate the coaches who prepared and motivated their athletes for peak performance.

On behalf of the MGA, I offer our congratulations to Lorie Henderson, a high performance women's coach from Brandon. This year, we were honored to have Lorie named head coach for Team Canada. Following the team's successes, Lorie was chosen as their co-head coach through the 2020 Olympics.

Our judges continued to provide an essential service and deserve our recognition for their hard work, whether within or outside our province.

I also wish to recognize all the parents for their significant contributions as volunteers and for the critical role they play in the success of their children. I thank them for their unwavering support.

Our sport is always indebted to our major partner, Sport Manitoba, and our many other sponsors. I acknowledge their loyalty and continued support of Manitoba Gymnastics. I also thank the sports media for their coverage of our athletes and gymnastics events throughout our province.

Finally, I extend my sincerest thanks to our Executive Director; Karly Miller, Administrative Assistant; Regan Bint, the Board of Directors, and the entire membership for their commitment and support.

Lawrence Oystryk

SUMMARY OF ACTIVITIES 2018 –2019

MEN'S PROGRAM

BY THE NUMBERS

5 clubs are active

13 Men's judges

2 Provincial Stream, 3 Regional Stream Competitions

35 participants in Provincial Championships – April 21st, 2019

31 clubs have boys' recreational programs. There is a total of 1152 recreational boys; 27 Regional Stream and 26 Provincial/National Stream.

ATHLETE AND COACH DEVELOPMENT

There are now 15 Men's Coaches. The MGA 100% funds all coaches who want to take Gymnastics Foundations, Competition 1 and Competition 2 as well as evaluations.

JUDGE DEVELOPMENT

The Men's Program held an officials clinic on November 17th, 2018, the clinic had a total of 12 participants.

SIGNIFICANT RESULTS FROM THE PAST YEAR

Mac Neumann of Winnipeg Gymnastics Centre competed at 2019 Westerns in the National Open Category where he placed 1st on High Bar, 2nd on Pommel Horse and 3rd on Parallel Bars.



SUMMARY OF ACTIVITIES 2018 –2019

WOMEN'S PROGRAM

BY THE NUMBERS

724 Regional Stream athletes, 230 JO 5-10 athletes, 6 Aspire and 3 HP athletes

31 clubs are active in the Women's Program

32 Officials

8 Provincial Stream, 11 Regional Stream Competitions

94 participants in Provincial Stream Provincial Championships and 344 participants in Regional Stream Provincial Championships

ATHLETE AND COACH DEVELOPMENT

4 Coaches attended the USA National Coaches Congress.

144 coaches were trained in Gymnastics Foundations Artistic, 27 coaches were trained in Competition 1, 5 coaches were trained in Competition 2.

Lorie Henderson attended the 2018 World Championships as Team Canada Women's Head Coach, the team placed 4th overall.

JUDGE DEVELOPMENT

4 Regional Stream clinics, 2 Provincial Stream Clinics and 1 National Stream were offered.

SIGNIFICANT RESULTS FROM THE PAST YEAR

Paola Barahona represented El Salvador at the 2018 Pan American Games in Lima.



Quinn Skrupa competed at Elite Gym Massilia as a Junior representing Canada.

Quinn Skrupa and Okeri Katjivari competed at Elite Canada. Okeri placed 1st on Uneven Bars and 6th All-Around.

At Canada Winter Games Alexis Gillespie, Jordyn Galloway and Caitlyn Yip made All-Around finals as well as individual event finals. Alexis placed 5th on Uneven Bars, Caitlyn placed 8th on Balance Beam and Jordyn placed 4th on Uneven Bars.

Medalists from 2019 Western Canadian Championships are: Jordyn Galloway (2nd VT, UB), Caitlyn Yip (3rd VT), Makeda Davis (1st AA), Stefanie Gatin (3rd AA, VT, UB, 2nd BB), Phillipa Navoa (2nd VT), Avaiya Alibudbud (3rd AA, 2nd VT).

Medalists from 2019 Canadian Championships—Caitlyn Yip (3rd VT), Jordyn Galloway (3rd UB), Okeri Katjivari (3rd AA).

SUMMARY OF ACTIVITIES 2018 –2019

TRAMPOLINE AND TUMBLING'S PROGRAM

BY THE NUMBERS

3 clubs offer T&T Programs, 100 members total
2 competitive T&T clubs
26 Competitive athletes, 4 National and 22 Provincial
5 T&T Coaches
2 competitions were held

ATHLETE AND COACH DEVELOPMENT

The MGA offers Strength and Conditioning training for South Region T&T athletes in Steinbach, Manitoba.

On November 11th, 2017, 22 coaches were trained at the Gymnastics Foundations Trampoline course.

Amanda Pierson participated in the CWG Apprentice program, allowing her to complete her L3 by the end of 2019. She will be funded by the MGA and Coaching Manitoba. Michelle Bonner is continuing her L4 course funded by the MGA.

JUDGE DEVELOPMENT

One judging course was offered for Trampoline and DMT, 6 judges attended the clinics.

SIGNIFICANT RESULTS FROM THE PAST YEAR

At Canadian Championships 2018, MB placed 3rd in the Men's DMT Open, the team consisted of Pierce Barlow, Isaiah Klassen, Benjamin Pinsk and one SK athlete (Brett Ertman). Pierce Barlow placed 1st in Men's DMT L5 Novice Age 17+. Isaiah Klassen placed 1st in Men's DMT L5 Novice Age 16U and 2nd in Men's Tumbling L5 Novice 16+.

At Canada Winter Games, Tyler Champagne placed 4th on individual trampoline. Raina Gertley and Lauren Hawkins made Synchro Finals. Isaiah Klassen and Tyler Champagne made finals for Synchro Trampoline and placed 2nd overall.

Isaiah Klassen placed 1st in L6 DMT 17U, 2nd in L5 TRA 17+, 3rd in L6 TUM and Pierce Barlow placed 3rd in L6 DMT 18+ and 3rd in L5 TUM 16+ at Canada Cup 2019.



MGA DEVELOPMENT PROGRAM

GYMNASTICS FOR ALL

Peggy Glasco completed a Northern Tour in the Summer of 2018.

Bonita Martens received a Manitoba Coaching Impact Award.

Carla Clegg and Kellie Winzinowish travelled to Saskatchewan to receive training in Jan 2019 to become certified Learning Facilitators in Gymnastics Foundations Active Start.

Alix Martens and Kelsey Berkowski were trained to be learning facilitators in Gymnastics Foundations Artistic.

Michelle Bonner and Amanda Pierson were trained to be learning facilitators in Gymnastics Foundations Trampoline.



COACH EDUCATION

Date	Course	Location
August 24-26	Gymnastics Foundations - Intro Theory Artistic	Winnipeg
August 31– September 3	Competition 2 WAG	Winnipeg
November 3-4	Gymnastics Foundations— Intro Theory Artistic	Flin Flon
November 11	Gymnastics Foundations—Trampoline	Winnipeg
December 28-30	Gymnastics Foundations— Intro Theory Artistic	Winnipeg
January 1	Gymnastics Foundations—Trampoline	Winnipeg
January 2-5	Competition 1 WAG and MAG	Winnipeg
January 3	Gymnastics Foundations—Trampoline	Steinbach
January 4-6	Level 2 Trampoline	Steinbach
January 27	Gymnastics Foundations—Trampoline	Steinbach
March 17	Gymnastics Foundations—Trampoline	Steinbach
March 24-27	Gymnastics Foundations—Intro Theory Artistic Trampoline	Steinbach
March 29-31	Gymnastics Foundations—Intro Theory Artistic	Selkirk
March 29—31	Level 2 Trampoline	Winnipeg
March 30	Gymnastics Foundations—Trampoline	Panthers

MGA DEVELOPMENT PROGRAM

The Grey Cup Legacy Fund Prep Camp was hosted July 6-8th to prepare for the transition over the Junior Olympic Levels 1-4 Program. Springers Gymnastics hosted the camp and it was organized by Kendra Tower (Developmental Chairperson). Over 80 gymnasts and 30 coaches attended the camp for the duration of the weekend to learn from 10 Master Coaches!

The Regional Stream had 11 competitions over the past year. Regional Stream Championships were hosted in Beausejour, MB by the Swan Valley Cheetahs. There were 344 competitors. The Annual Regional Stream meeting was hosted at that time.



MEMBERSHIP REGISTRATION 2018 –2019
Statistics as of August 31, 2019

Clubs By Region

EAST

- Arborg
- Elites Gymnastics
- Gimli Flyers
- Keystone Kips
- Selkirk Selects
- St. Andrews
- Teulon

WEST

- Brandon Eagles
- Dauphin
- Grandview Gymcats
- Neepawa Novas
- Prairie View
- Ross Gym & Fit
- Swan Valley Cheetahs
- Turtle Mountain Twisters

SOUTH

- Morden Magics
- Portage
- South Central Aerials
- Southeast Royals
- Steinbach Flippers

WINNIPEG

- Crescentwood
- Dakota
- GymKyds
- Momentum Aerial Troupe
- Panthers
- Silhouettes
- Springers
- Winnipeg Gymnastics

NORTH

- Flinty's Gymnastics
- Thompson Tumblers

NUMBER OF CLUBS OFFERING THE

FOLLOWING PROGRAMS

13 - Provincial/National Stream

25 - Regional Stream

28 - Recreational

INDIVIDUAL MEMBERS

6965 Recreational Athletes

750 Regional Stream Athletes

266 Provincial/National Stream Athletes

*162 Recreational Coaches

*96 Regional Coaches

*58 Provincial/National Stream Coaches

107 Associate Members

34 Judges

8589 Full Members

MGA CLUB REGISTRATION BREAKDOWN - August 31, 2019

2018-2019 Registration MGA Master	Coaches												Apprentice												Athletes												Judges												Totals	
	Provincial Stream				Regional Stream				Recreational				Provincial Stream				Regional Stream				Recreational				Provincial Stream				Regional Stream				Assoc. Mbrs.		2018	2019														
	"C3"		"C3 TT"		"C2"		"C2 TT"		"C1"		"C1 TT"		"C1A"		"A3"		"A3 TT"		"A2"		"A2 TT"		"A1"		"A1 TT"		"J3"		"J3 TT"		"J2"		"J2 TT"		M & F															
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M & F															
Arborg					2							3						13				11	42													71														
Brandon Eagles	1	8			1			1	6			1	4				18				126	432												5	640															
Crescentwood		3			6				1			2					1	43			17	98													192															
*Dakota	1							1	1			1					1				26	76												2	109															
Dauphin																																				52														
Elites					4							1					16				4	17												4	46															
Flinty's					2			1	5								2	25			7	30												1	73															
Gimli Flyers					2												19				22	69														113														
Grand Plains					5				1								42				46															101														
GymKyd's	2	11	2		4			1	31			6					8	35			147	689													924															
Independent									1																											35														
Keystone Kips	2				1	7			10			3					71				50	418													570															
Momentum					1																															32														
Morden Magics	2				1	8			2								3	38			22	198													289															
Neepawa	1				4			1	5								40				63	170													290															
Panthers	2	11	2		4				16	1		46	2	3			36			59	485	24	12												710															
Porlage					6				8								18				31	159														222														
Prairie View					3							2	3				39				10	36														93														
Ross Gym and Fit									1												2	43														46														
St. Andrews					2			1	4			1					22				22	72														131														
Selkirk Selects	2				2			8	8			1	2	1	1		20			24	180															248														
Silhouettes South Central Aerials	3							2	2								18				101															129														
Southeast Royals					4			4	4								19				5	53														65														
Spartans	3				3			1	1								20				12	28														131														
Springers	1	13			7			17	17			46					27			153	652	4	15													79														
Steinbach Flippers	1				1			6	6			3	9	8	13		11	25		91	352	22	9													950														
Swan Valley					3												33				22	72														560														
Teulon					1	5											4	34			8	101														135														
Thompson Tumblers					5			1	1			1					22				12	71														154														
Turtle Mountain																																					120													
Whitemouth																																					62													
Winnipeg Gym	3				2			3	18			18	29			31				246	865															0														
Totals	6	53	0	4	3	93	0	0	9	153	1	0	4	30	27	239	10	16	33	724	0	0	1218	5728	50	36	5	10	0	1	0	16	0	3	108	8590														

SPONSORSHIP 2018-2019

Edmond Financial Group

A strong supporter of the Manitoba Gymnastics Association.

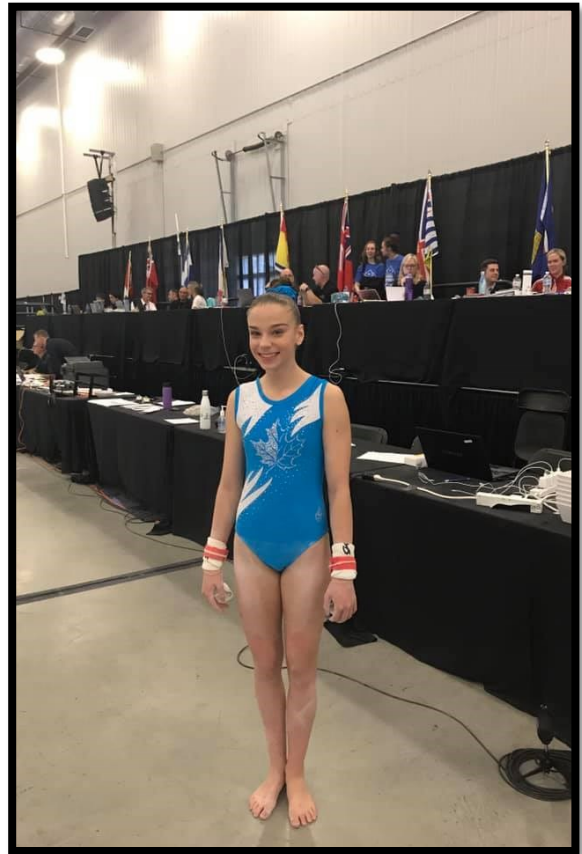
Edmond Financial Group supports our major competitions:

- Men’s Manitoba Open
- Women’s Manitoba Open
- Women’s Regional Stream Provincial Championships
- Men’s Regional Stream Provincial Championships
- Women’s Provincial Stream Championships
- Men’s Regional Stream Provincial Championship

Edmond Financial Group also awards a scholarship each year to deserving athletes.

For any of your Financial Planning please contact:

Edmond Financial Group
(204) 478-8501



**2019 Edmond Scholarship Award Winner
Quinn Skrupa**



2019 Sport Excellence Award Winners



From Left to Right:
Melissa Stampe, Caitlyn Yip (Bronze), Alexis Gillespie, Jordyn Galloway (Bronze), Stephanie Clarkson , April Demeule



From Left to Right:
Brooklyn Nysten, Ella Oikonen, Andera Lotz, Jordyn Crearer, Willow Novotny



From Left to Right:
Alisa Campomanes, Kailyn Rozecki, Marianna Carias, Lauris Ponce, Tia Madriga, Sophie Ludke, Miranda Marrin

2019 Sport Excellence Award Winners



From Left to Right:
Bea Zamora, Chloe Gudmundson, Emma Unrau, Jillyan Kurtz, Avaiya Alibudbud



From Left to Right:
Alexa Van Wynsberghe, Alicia Topnik, Makeda Davis, Taylor Bridgeman



From Left to Right:
Angela Cao, Kezia Heppner, Ryleigh Adams



Brooklyn Landry

2019 Sport Excellence Award Winners



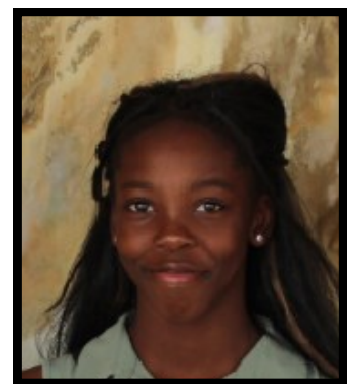
From Left to Right:
Phillippa Navoa, Stefanie Gatin



From Left to Right:
Paola Barahona, Quinn Skrupa



From Left to Right:
Ainsley Johnson, Bianca Pura, Taiya Sippel



Okeri Kajivari (Bronze)



Roselyn Lamb



Jaida Albrechtsen



Shae Forbes



Joceline Girardin

Donya Naghibzadeah (Not Pictured)

2019 Sport Excellence Award Winners



From Left to Right:
Akira Cormier, Mac Neumann



Lane Peters



Benjamin Pinsk



Angelie Kuka



Sophie Spence



From Left to Right:
Chris Block, Nikita Georgijevic



Emily Birta



Right to Left:
Isaiah Klassen (Silver), Pierce Barlow (Silver)

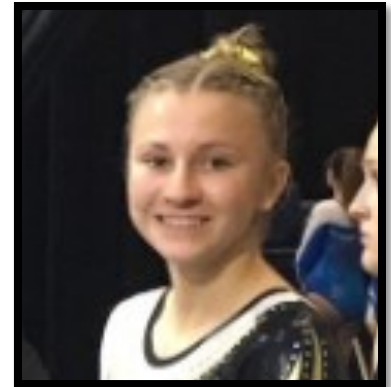
2019 Sport Excellence Award Winners



Raina Gertley



Tyler Champagne



Lauren Hawkins



From Left to Right:

Emily Blackner, Celia Champion, Rachelle Valel (Bronze) , Brooke Merrified (Bronze) Katrina Kaluzniak, Katrina Kaluzniak (Not Pictured)



From Left to Right:

Emma Leipsic, Matthew Kokeza, Vanessa Keith, Molly Oswald, Nicole Ward (Not Pictured)

2019 Sport Excellence Award Winners



Left to Right:
Michelle Bonner, Amanda Pierson (Silver), Bonita Martens (Silver)



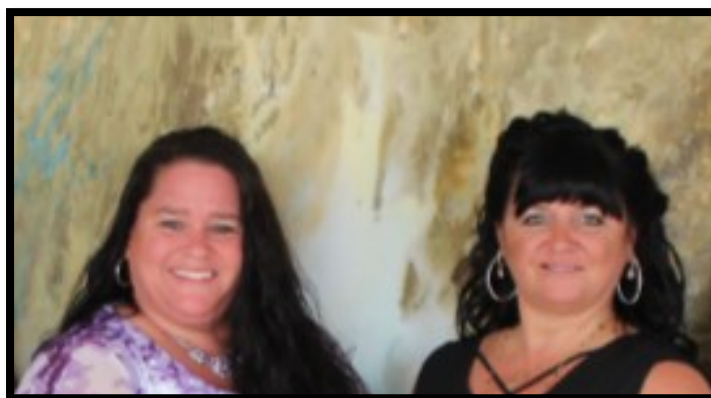
Robert Persechino



Joe Stouffer (Bronze)



Lorie Henderson (Bronze)



From Left to Right:
Sandy Ross, Brenda Heard, Michelle Montette (Not Pictured)

AWARD WINNERS 2019

Provincial and National Award Winners

Provincial Award Winners

Women

Regional JO Level 2	Summer Ott
Regional JO Level 3	Grace Bueckert
Regional JO Level 4	Alyssa Champagne
Provincial JO Level 5	Jamie Abengoza
Provincial JO Level 6	Pyper Gillson
Provincial JO Level 7	Elsa Brisebois
Provincial JO Level 8	Makeda Davis
Aspire 1	Avaiya Alibudbud
Aspire 2	Stefanie Gatin

Men

Regional Beginner	Derek Seadon
Regional Advanced	Zakery Williams
Provincial Level 1	Michael Turov
Provincial Level 2	Marius Peter-Joyal
Provincial Level 3	Conner Crosbie

Trampoline and Tumbling

Trampoline and Double Mini Trampoline	Raina Gertley
Tumbling	Pierce Barlow

National Award Winners

Monica Goermann Award	Quinn Skrupa
Keith Carter Award	Mac Neumann
Kathleen Finnegan-Leipsic Award	Angela Cao
Bonnie & Lynette Wittmeier Award	Cailtyn Yip
Katie McAvoy Award	Okeri Katjivari
National Tumbling	Isaiah Klassen
National Trampoline	Isaiah Klassen
National Double Mini Tramp	Isaiah Klassen

2019 MGA AWARD WINNERS



MGA Special Achievement Award
Volunteer
Stephen Moffat

**Jack Mowat Award
Doug Safioles
(Not Pictured)**



MGA Special Achievement Award
Judging
Cassidy Hebert



MGA Special Achievement Award
Administration
Cindy Peters



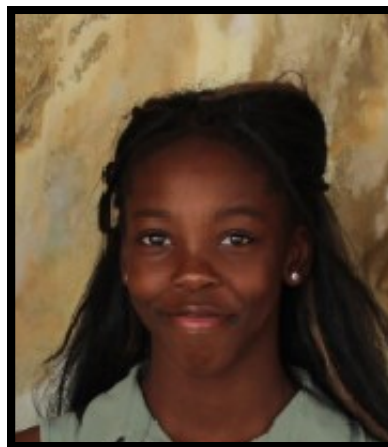
MGA Special Achievement Award
Coaching
Vanessa Keith



2018 Keith Carter Award
Mac Neumann



2018 Monica Goermann Award
Quinn Skrupa



Katie McAvory
Okeri Katjivari



Bonnie & Lynette Wittmeier Award
Caitlyn Yip

2019 MGA AWARD WINNERS



Kathleen Finnegan-Leipsic Award
Angela Cao



National Tumbling,
Trampoline & Double Mini Trampoline
Isaiah Klassen



Provincial
Tumbling
Pierce Barlow



Provincial
Double Mini Trampoline and Trampoline
Raina Gertley



Provincial
MAG Level 3
Conner Crosbie



Provincial
MAG Level 2
Marius Peter-Joyal



Provincial
MAG Level 1
Michael Turov



Regional Advanced
Zakery Williams



Regional Beginner
Derek Seadon

2019 MGA AWARD WINNERS



Aspire 2
Stefanie Gatin



Aspire 1
Avaiya Alibudbud



JO Level 8
Makeda Davis



JO Level 7
Elsa Brisebois



JO Level 6
Pyper Gillson



JO Level 5
Jamie Abengoza



JO Level 4
Alyssa Champagne



JO Level 3
Grace Bueckert



JO Level 2
Summer Ott

Canada Winter Games

Red Deer Alberta
Feb 22-Mar 3, 2019

Artistic Women

Alexis Gillespie, Jordyn Crerar, Caitlin Yip, Jordyn Galloway
Stephanie Clarkson, Okeri Katjivari

Artistic Men

Mac Neumann, Akira Cormier

Trampoline Women

Lauren Hawkins, Raina Gertley

Trampoline Men

Isaiah Klassen, Tyler Champagne

Coaches:

Alex Empey, Rachelle Valel, Robert Persechino, Celia Champion

Judges:

Alana Charles, H el ene Desmarais



Canada Winter Games

Red Deer Alberta

Feb 22-Mar 3, 2019



Western Canadian Championships
Saskatoon, SK
April 25-28, 2019

National Open

Akira Cormier, Mac Neumann

JO Level 10 (16+)

April Demeule, Jordyn Galloway, Stephanie Clarkson, Alexis Gillespie, Caitlin Yip

JO Level 10 (12-15)

Jordyn Crerar, Brooklyn Nylen, Andera Lotz, Ella Oikonen, Willow Novotny

JO Level 9 (14+)

Roselyn Lamb, Ryleigh Adams, Angela Cao,
Kezia Heppner, Jaida Albrechtsen, Shea Forbes

JO Level 9 (11-13)

Alisa Campomanes, Kailyn Rozecki, Lauriz Ponce,
Marianna Carias, Miranda Marrin, Sophie Ludke, Tia Madrigga

JO Level 8 (13+)

Brooklyn Landry, Makeda Davis, Alexa Van Wynsberghe,
Taylor Bridgeman, Alicia Topnik

JO Level 8 (12 and Under)

Ainsley Johnson, Bianca Pura, Taiya Sippel

JO Level 8 (Independent)

Joceline Girardin, Donya Naghibzadeah

Aspire 2

Stefanie Gatin, Phillipa Navoa

Aspire 1

Avaiya Alibudbud, Jillyan Kurtz, Emma Unrau, Bea Zamora, Chloe Gudmundson

Coaches:

Katrina Kaluzniak, Brenda Heard, Brooke Merrifield, Celia Champion, Emily Blackner, Molly Oswald, Rachelle Valel, Emma Leipsic, Sandy Ross, Robert Persechino, Michelle Monette, Matthew Kokeza, Vanessa Keith, Nicole Ward

Judges:

Alana Charles, Rachel Reynolds, H el ene Desmarais, Amanda McCormick, Aaron Rodier, Francois Lansard, Paul Eros, Rozen Noureev

Chef:

Lawrence Ostryk

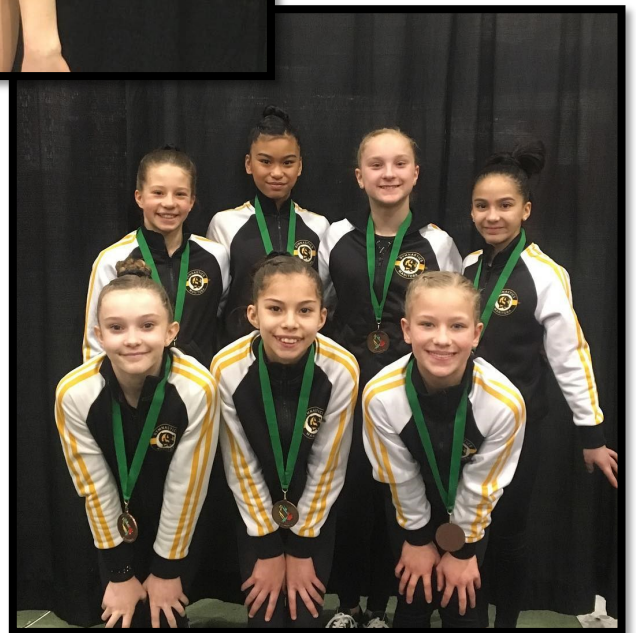
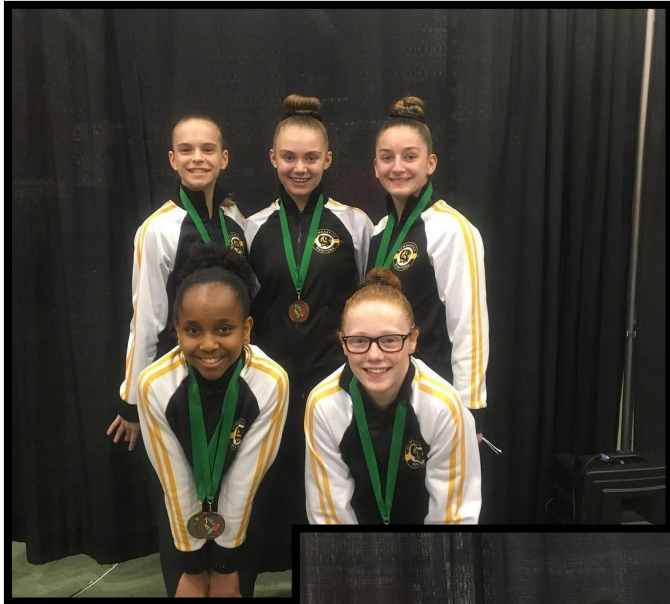
Manager

Kendra Tower



Western Canadian Championships

Saskatoon, SK
April 25-28, 2019



Artistic Canadian Championships

Waterloo, ON
May 21-26, 2019

National Open

Akira Cormier, Mac Neumann

HP Senior

Quinn Skrupa, Paola Barahona

HP Junior

Okeri Katjivari

JO Level 10 (16+)

Alexis Gillespie, April Demeule, Melissa Stampe, Jordyn Galloway,
Stephanie Clarkson, Caitlyn Yip

JO Level 10 12-15)

Jordyn Crerar, Brooklyn Nylen, Andera Lotz,
Ella Oikenon, Willow Novotny

JO Level 9 (11-13)

Lauriz Ponce, Angela Cao, Alisa Campomanes, Kailyn Rozecki, Marianna
Carias, Miranda Marrin, Sophie Ludke, Tia Madrigga

Coaches:

Brenda Heard, Brooke Merrifield, Rachelle Valel
Sandy Ross, Robert Persechino, Emily Blackner, Lorie Henderson,
Joe Stouffer, Katrina Kaluzniak, Celia Champion, Michelle Monette

Judges:

Alana Charles, H el ene Desmarais, Chris Yuzdepski, Alix Martens

Chef:

Lawrence Oystryk



Artistic Canadian Championships

Ottawa, ON
May 21-26, 2019



Trampoline and Tumbling Western Canada Cup
Grande Prairie
June 13-16, 2019

Athletes:

Benjamin Pinsk, Sophie Spence, Angelie Kuka, Chris Block,
Lane Peters, Nikita Georgijevic, Emily Birta

Coaches:

Amanda Pierson, Michelle Bonner, Bonita Martens

Judges:

Mia Danis, Megan Charriere, Kelsey Berkowski



Trampoline and Tumbling Canadian Championships

Oshawa, Ontario

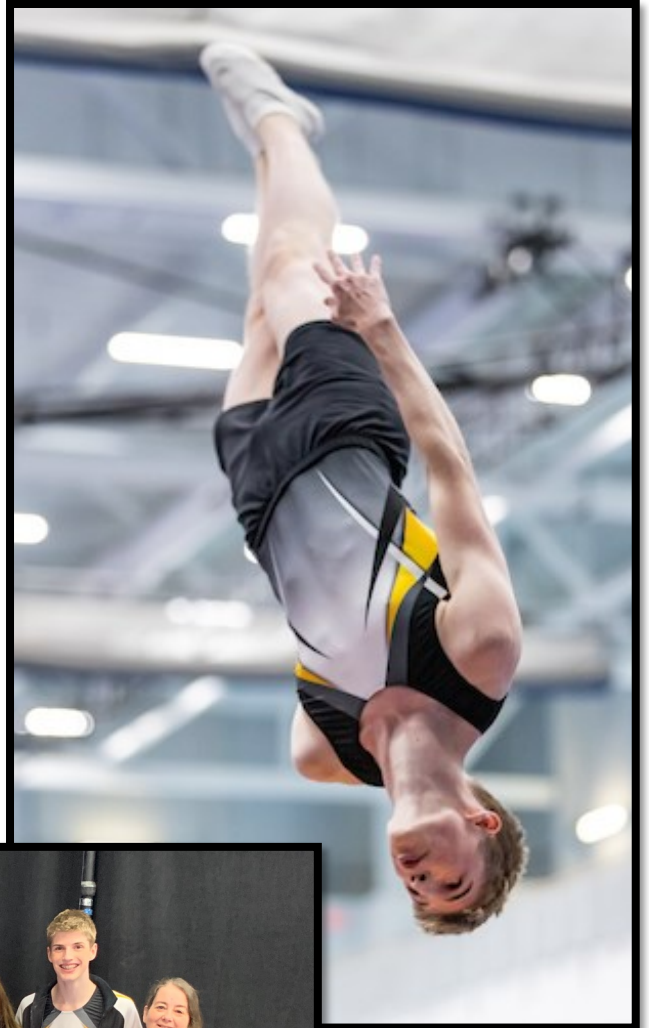
July 25-28, 2019

Athletes: Isaiah Klassen, Pierce Barlow
Benjamin Pinsk, Lauren Hawkins

Coaches: Michelle Bonner, Amanda Pierson

Manager: Bonita Martens

Judges: Kelsey Berkowski



Sport
MANITOBA

